

# Welcome to **DAVE'S DEN**

Issue 1 – January 8, 2026

## IT'S HERE!!!

I've been toying with the idea of a monthly communication with my friends and readers for several months. I know, I know, who has time for yet another monthly email?

Well, I'm hoping this forum will present a more enjoyable way for us to connect, with some fun tips and updates, not to mention links to some other sites or groups that may help us all in our journey to personal success. Hope you enjoy it!



*Dave pretending to be retired*

was there that we found our new home, in a 55+ RV park in Tucson. We bought a “park model” in 2023, and a little over a year ago it became our new home. Yes, Tucson gets hot. Real hot. But (you know it's coming), it's “dry heat!” All I can say is don't knock it till you've tried it. For my wife and I, this is our happy place. And the new deck out front (almost finished!) will put us that much closer to the action. Now if I can just get her to let me retire!

## NEW YEAR, NEW YOU!

When I ring in the New Year, I do it in style. Of course, “style” in this instance looks an awful lot like a hospital gown. Let it never be said I'm predictable. I hope your celebration was a little more fun!

So, 2026 is here! What kind of affirmations have you made for the New Year? Resolutions, anyone? I know, they're corny and tacky and lower our self-esteem even more when a month goes by and we're still talking about them. But, regardless of how you phrased it, I'm sure you have some ideas of how this year will end better than it started. We all have goals, and January 1 seems to be the day we pick to turn things around.

Well, every day is the start of a new year, one that ends 365 days from now. I spent New Year's Day in the hospital, so it's safe to say I didn't move any mountains that day. Or the next. In fact, a week has gone by and I'm still at the starting line. But you know what? When life throws a detour, the journey continues. In fact, sometimes the trip is that much more enjoyable.

If you're at the starting line as well, you can wait for the rest of the field to come back around and join the race then or take that first step and see how quickly you can catch up. It doesn't matter when you start. What's important is how long you can keep it up. And friends, the longer you stay focused, the sooner those goals will be transformed into your new reality.

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*“What would your dreams be if  
you knew you couldn't fail?”*

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## ON THE HOME FRONT ...

For those who didn't already know, my wife and I bought a motorhome six years ago with a two-fold purpose in mind – travel, meet new people, and finding a place to retire. Nothing against Ohio, but I'm not partial to snow.

Anyway, our first year's travels led us across the southern part of the country, through Florida, Mississippi, Louisiana, Texas, New Mexico, and Arizona. It





*Oh, the places we'll go!*

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(click icon)

## PULL UP A CHAIR!

Dave's Den is the result of many months' contemplation and planning. Okay, I procrastinate – a lot. But this isn't a place for me to hide away and sip bourbon all by myself. I want you to join me, and to help make this a place where we can both kick back and relax.

I could sit and write all day. But sending posts and blogs into a vacuum isn't as rewarding as sitting by the fireplace with good friends, sharing ideas and dreams, and maybe even a joke or two. Otherwise, it's just me sitting in a boring office, and what's so fun about that?

So, stay in touch. Send an email or message me on Facebook. Let me know what you'd like to see in our little corner of the den, and I'll see what I can do to make it happen. Let's see how big my Inbox can get!

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*“The secret to staying young is to live honestly, eat slowly, and lie about your age.” (Lucille Ball)*

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## “YOU SHOULD WRITE A BOOK!”

Yeah, I've heard that one more times than I can count. On the other hand, when my weekly blogs get a little too long-winded, those same people say, “Did you have to write a whole book???” C'mon, people, make up my mind!

Several people have encouraged me over the years to put my writing into a more tangible form, one they can take to the beach, curl up with on a rainy day, or use to squash long-legged insects. I've made several false starts over the years, but it's finally happening. My inaugural book, *The 21-Day Turnaround*, is well underway with the first five chapters complete, with a planned release date this summer. As I get closer to completion, I'd like to recruit some of you as reviewers, with a signed first-edition in your hands as soon as it's ready to roll. If you're interested, give me a yell. Meanwhile, I'll get back to the fun part - writing.

## A few Closing Thoughts ...

As you can tell by now, I'm no expert in newsletters. I had one years ago, long before any of us knew what we were doing, and ended up with weekly readers in over 40 countries on six continents. I'd love to see the same thing happen with this one, but who knows? Meanwhile, let's chat. In reading this each month, what would you like most to see? Links to other motivational content? A healthy recipe? Would you like to receive a free copy of Dave's Den in your email each month? These are the questions that keep me awake at night. Yes, I'm complicated.

Most of all, thanks for reading this first edition of Dave's Den. Together we can make this something really fun. Please send an email and let me know what you think. This is all for you. See you next month!

## Six Steps to Success in 2026

- 1. Set goals:** Put them in writing, someplace you'll see them several times a day.
- 2. Get pictures:** We think in words but dream in pictures. See yourself in that dream!
- 3. Make a plan:** Include not just the big things, but the daily activities that will lead to success.
- 4. Set a deadline:** A dream without a deadline is just a passing thought. Set a date!
- 5. Phone a friend:** Sometimes the best motivator is a close ally who won't put up with any excuses!
- 6. Believe in yourself:** Whatever the mind can conceive and believe, it can achieve. You've got this!